

The Dose

STUDENT COUNCIL UPDATE

Jordan Lund

Student council president

As the semester is coming to an end, Student Council wishes everyone the best of luck on finals! Looking back at the last couple of months, our main event was the Spring Picnic featuring the Will Bienz Excellence Tournament. This was a fierce competition involving water balloon tossing, three legged racing, and sand castle building! We would like to give a big shout out to our winners of this competition:

1st place: Andrei Atlivanau and Peter Alvarez

2nd place: Mika Heister and Rachel Huhn

3rd place: Jessica Wolf and Besan Abdul

First place winners each received \$15 dollar gift cards to CVS, second place received \$10, and third place received \$5. This event was made possible by our amazing sponsor, CVS Pharmacy. We greatly appreciate all that CVS does for our campus!

Our next and last event of the semester is the End of the Year Celebration at Gators Restaurant! This event is a huge get together before we go our separate ways for the summer. The event is on April 30th from 12pm – 3pm. We strongly encourage everyone to attend, and food will be provided! From everyone in Student Council, have a great summer and we hope to see you at Gators restaurant after finals are done.



Editor's Note

On your mark, get set, GO! That's right, it is time to go for the gold as we approach finals. It is appropriate to compare each semester to the physical training one must do in preparation for a marathon. Throughout the semester we have multiple opportunities to gain the strength to succeed when the 'final' race arrives. The metaphor holds true on all accounts; studying each day was the grueling strength training, and test-filled February was the long-distance run that built endurance. Race day begins on April 26th, and I hope everyone has done the appropriate mental training to succeed as the date quickly approaches. In true marathon fashion, there will be a finish line party held at Gators Cafe. As you shuffle your feet through the fatigue of the third final, thinking you can go no further, I urge you to look ahead to summer vacation --a time to catch up with family, friends, and sleep!

As we embark on finals week, let us take a moment to gain perspective--why are we here? After all is said and done, we 'train' every day to become stronger, wiser, more mature individuals, and to gain the required knowledge that will make us the best future pharmacists. For our 4th year students, the "future" is very near since they will be graduating and passing their boards within the next couple of months. Good luck to all of you, and never forget your alma mater. Go Gators!

-Jayme-Jo TenBieg
Student Council Vice President
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SNPhA: SPRING: A TIME FOR GROWTH

Derek Pearson

SNPhA-President

Dear reader, as our spring semester draws to a close, SNPhA would like to take a moment to reflect upon and celebrate the efforts and achievements of our amazing team. This year SNPhA set about to create new and exciting events for our campus, as well as form new bonds with those we serve beside. New events took shape with introduction of a patient led guest panel, volunteering opportunities at the local soup kitchen, and a pre-release documentary screening. Our organization also grew through partnering with APhA, Youth Education Services, Walgreens, and our local AIDS Healthcare Foundation.

Partnership was a goal for this semester, from which several great events were shaped. Our Remember The Ribbon (RTR) initiative coordinated an HIV/AIDS patient guest panel through teamwork with the AIDS Health Foundation. RTR also partnered with Youth Education Services (YES) to offer a special pre-release screening of the upcoming MTV documentary *I'm Positive*, which followed the lives of young people diagnosed with HIV. RTR is currently working with YES to sponsor members for training in rapid-test HIV testing over the summer.

Pausing work to allow play, our social event this year was held at Hamburger Mary's and featured great food and lots of fun as members pitted themselves against the odds at Drag Queen Bingo! Speaking of socializing, SNPhA members could also be found attending the Regions I & II conference, which was hosted in Richmond, VA. On our final day we were able to organize a sight seeing tour of Richmond's rich historical district. Plans for this summer's National Conference in Arlington, VA have begun taking shape as well, and we hope to offer a similar tour through Washington D.C.

The spring semester offers a challenging workload and a demanding schedule, but that did not slow our chair members from holding great events. SNPhA chairs averaged one event per week, which speaks to the dedication of the fine pharmacists in training we have at our campus. Through teamwork with other great organizations in the community we discovered exciting new opportunities with boundless potential. Thank you to all who support the Student National Pharmaceutical Association, SNPhA. Have a nice summer and look for us in the fall!



KAPPA EPSILON: BREASTS AND BASEBALL

Isabella Maafu

Kappa Epsilon Secretary



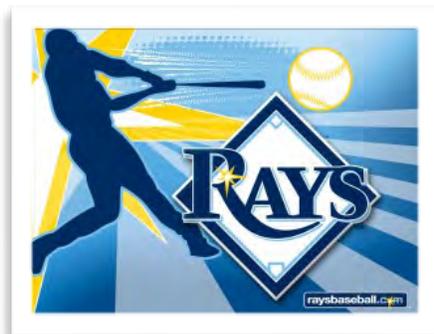
In an ongoing effort to better our community, Kappa Epsilon members this spring have paused their studying in order to serve the people, our future patients. During the first service event of the semester KE students delivered roses to patients of St. Joe's Hospital on Valentine's Day. Patients, many scheduled for chemotherapy and surgery, were surprised and touched by our care.

KE also joined fellow campus organizations at the Saturday Morning Market in Downtown St. Petersburg on April 12th. Our members had the opportunity to talk with several breast cancer survivors and educate women in the art of the self-examination. Many women expressed their appreciation, grateful to finally know what exactly they are looking for during a breast exam. Imagine how grateful we would be, if we knew what answers our professors were looking for during our pharmacy exams!

It was bittersweet to say goodbye to our students departing for rotations, but our 3PD Farewell Social let them leave with a bang. Everyone had a great time celebrating these students at The Lodge in Tampa. The sisters of Kappa Epsilon had a great time this past Saturday strengthening their bond while watching the Rays play at Tropicana Field. It was quite the victory against the New York Yankee's and we were happy to see the turn out from not only sisters, but also classmates, friends, and family.

Lastly, KE is thrilled to announce Elise Reyes, former KE President and rising 4PD, is one of the 2014 recipients of the Zada M. Cooper Scholarship. This prestigious award recognizes Elise's superior achievement in academics, community service, and the advancement of the Alpha Omega Chapter. Please help us congratulate her for her accomplishment!

We hope that everyone accomplishes their goals as we wrap up this semester and speed into summer. We will probably be thrown some curve balls during final exams, but I still trust that we have trained enough to knock them out of the park. Good luck from Kappa Epsilon.



KAPPA PSI: CONTRIBUTING TO THE COMMUNITY

Lauren Aune

Kappa Psi Newsletter Editor

Since the last edition of *The Dose*, many new and exciting things have been happening for the Epsilon Sigma family. Spring has brought about a time for us to grow together as family as well as touching the lives of those around us. At Epsilon Sigma, our hope and passion is to give back to our community in many ways. We are so fortunate that our future profession allows us to do this on a daily basis.

During the month of February, we had the chance to come together as a family to send off our 3PD Brothers, and celebrate our two-year anniversary, with warm memories as they left us for a new and exciting time in their journey of becoming pharmacists. Some of our Brothers were also able to make the trip to Charleston, South Carolina for our Kappa Psi Southeast Province Conclave. This was a wonderful opportunity for us to connect with our Brothers from many other chapters and create new memories.

We were also very blessed to be able to take part in the Great Strides Cystic Fibrosis walk at Demens Landing Park in St. Petersburg on April 12th. We were able to raise over \$1700. Our contributions will continue to fund a cure for this disease. Hopefully one day we can confidently say we are able to successfully cure all of the lives whom have been affected by Cystic Fibrosis. Our participation in this walk helped to send a strong message that as future Gator pharmacists we want to make a difference in our community and that we care about finding the cure for diseases that no child or adult should have to endure.

In the spirit of staying connected to our community and helping to improve the lives of those who live in our area, we also took part in a road clean up. It is with great joy and servitude to say that we have been keeping 102nd avenue, just north of our campus, clean for over a year now. The Brothers of Epsilon Sigma feel strong about preserving our community and keeping it healthy just as our goal is to keep our future patients healthy.

As we bring our semester and school year to a close, we would like to take a moment to congratulate our 1PD Brothers on receiving their hard-earned white coats. We are all so proud of your achievements thus far and know you will continue to grow and do wonderful things for our profession. The Brothers of Epsilon Sigma will be working diligently over the summer months to create more opportunities in which we can be an asset to our classmates, college, and community. We are excited for what doors we may be able to open in our unremitting journey to improve the lives of those around us while deepening our bonds as a family.



APHA-ASP: ACQUIRING KNOWLEDGE AND AWARDS FROM ANNUAL

Rachel Hubn

APhA-ASP Vice President of Publications

Hello St. Pete Pharmily! This has been a truly exciting semester for ASP! We have organized numerous health screening events by working with local pharmacists and other professional organizations. In addition to our large presence in the community, we were also able to attend the APhA Annual Meeting held this year in Orlando, FL. We had a very strong student turnout from UF, about 100 students from all four campuses. We were even treated to an unforgettable Disney-style song from our very own JT Fannin! Among all of the information presented to us and the activities available, what we truly gained from this experience is a sense of pride for our chapter and the inspiration to Be the Change in all we do in our profession.



There were many activities to enrich our professional development offered at Annual. Our house delegate, Kelsey Lubbers, was our voice in deciding APhA-ASP's stance on very important topics such as pharmacogenomics and national provider status. She represented us well in the House of Delegates! We also had the opportunity to stroll through the expo hall, which was opportune for finding out about the many exciting products on the market and for snagging the coveted light-up pens. There were numerous CE lectures that offered the opportunity for students to learn about new drug therapies for chronic disease states such as HIV. Also offered were workshops geared toward specific Operations detailing how to implement creative events that keep patients healthy and students motivated to contribute. We are extremely excited to relay all that we learned at this meeting in order to better our chapter and the community as a whole.

We are very proud to report the awards we took home this year! Due to our relentless fundraising efforts we won the National PAC Fundraising Award for the third year in a row! At the first general session we won the following awards for our chapter's hard work and dedication over the past year: National Operation Diabetes 1st Runner-Up Award, Region 3 Operation Heart Award, and the Region 3 Generation Rx Award. The crowning event of the meeting was the formal awards ceremony in which we won the following awards: National Chapter Professionalism Award, APhA Foundation Scholarship Award to Joe Haley, and the Student Leadership Award to Amy Kiskaddon. Congratulations to all the students and faculty that have contributed to our success over the past year!



FSHP: MAKING CONNECTIONS

Skye Walker
 FSHP

Since the last issue of “The Dose”, our FSHP chapter in St. Petersburg has been incredibly busy. Events have ranged from tours at both Bay Pines VA and Parallon, to giving back to the community by making breakfast at the Ronald McDonald House. We also were able to contribute our knowledge of pharmacy by participating in a joint screening which included Brown Bag Reviews, Operation Heart, Operation Diabetes, Operation Self Care, and Operation Immunization. Interacting with patients helped us use the skills that we practice daily in the classroom setting.



Our new collaborative meeting format with APhA-ASP resulted in the ability for more in depth speakers and guest panels. One notable panel included our very own 4pd students who just recently returned from their rotations. The panel was very helpful and we were able to not only hear about their personal experiences but were able to get our questions answered regarding the APPE rotation process.

FSHP’s annual Residency Showcase had an excellent attendance of representatives from more than 13 residency and fellowship programs available post-graduation. This event enabled students to learn more about potential opportunities for further education as well as providing an excellent networking occasion for everyone from first to fourth year students. It even gave us a chance to collaborate with students of different universities as students from both LECOM and USF were in attendance.

FSHP wants to wish you the best in finals and we look forward to working with all of you in the fall!

SPORTS CLUB: STAYING ACTIVE

Mike Church
 Sports Club President

With the semester winding down, Sports club has one more meeting before finals. We are excited to host volleyball at the beach for the third time this year. Volleyball has quickly become a top choice among students, especially with the summer heat making its way to St. Pete again. Sports club is an organization designed to not only help students unwind from their busy schedules, but to help bring together the different classes in friendly competition. In order for the club to work, students choose the sports they want to play. It just makes the most sense, and this year the front runner is volleyball. With the 4th year students returning from rotations, we are hoping to get new faces out on the courts.

Last year we hosted a football inspired training camp for the members of the Boys and Girls club. We are excited to announce we will be teaming up with this organization once again this summer. Our vice president, Karlyn Scott, played collegiate softball and her boyfriend, Rick Teasley, who is a regular Sports Club attendee, plays professional baseball. With their powers combined we should be able to put on a great baseball camp for the youth of the Suncoast. We want to thank all those who came out to the events this year, and in the words of last years president, Martin Biassini, “stay thirsty my friends, by being active!”

Rotation Spotlight

Moffitt Cancer Center: Oncology at the Thoracic and Sarcoma Clinic

Jeffry Consaul

4th PD Student

Cancer is a scary disease, albeit for different reasons to most pharmacy students. Remembering all the uses, regimens, side effects, and clinical pearls for chemotherapy is a daunting task to say the least. When I saw Moffitt Cancer Center as my last rotation on my schedule, I knew it was going to be a great experience and a fitting “final exam” for my rotations. My rotation setting within Moffitt was the thoracic and sarcoma clinic, which focuses on treating lung cancers and sarcomas.

While on this rotation, my primary responsibility was to dose chemotherapy orders for the oncologists within the clinic. Each chemotherapy order, depending on the chemo agents used, required meticulous examination of the patient’s records. I had to check various lab values, ensure the right dosing weight, and monitor for toxicities that could have occurred from the last dose or might happen with the next dose. Once I had determined the dose, my preceptor gave it a final check before sending it to the pharmacy.

My secondary responsibilities included counseling patients on the effects of chemotherapy, nightly journal article readings, and whatever opportunities presented themselves within the clinic. By reading the landmark trials that shaped lung cancer chemotherapy; I learned so much more than memorizing a textbook could ever teach me. Being within arm’s reach of not only my preceptor, but also working beside world class oncologists and thoracic surgeons was truly a privilege. Learning through osmosis really is possible in such a high caliber collaborative practice setting.

As my last and most challenging rotation, Moffitt drew on every single aspect of my pharmacy skills and training without exception. It not only developed me professionally, but it also showed me what high-level pharmacy practice can be. If you have even a shred of interest in oncology, a rotation at Moffitt will not only push you to grow; it will



Word Scramble:

(hint: Summer Time!)

NIACVTOA
 EENRCNSUS
 YTUDS
 AARBDO
 GALERXIN
 SSNRETINPHI



DATES TO REMEMBER

April

24-25: Reading days

30: Awards celebration 12pm-3pm

May

5: Graduation in Gainesville 2pm

Summer

Update Records on My COP

Enhance PharmPortfolio

RELAX!



Newsletter Staff

JAYME-JO TENBIEG
 (2PD) Editor and
 VP of Student Council



Word Scramble Answers
 vacation, sunscreen, study abroad, relaxing, intern-