**Continuing Professional Development & Career Goals**

**List your Career Goals** (List 1-3 statements; Each statement should describe what needs to be accomplished in order to be competitive for your first pharmacy position/residency):

1. Successfully be accepted into a community pharmacy residency.
2. Assume a position as a community pharmacist with responsibilities in providing Medication Therapy Management.

**Continuing Professional Development:** At the end of each rotation, complete the following table. Your goal should be to continually work towards improving yourself and achieving learning needs related to your Career Goals.

| **APPE #** | **Rotation Name** | **Strengths Exhibited During Rotation** | **Areas Identified for Improvement *(Reflect on both knowledge/skills/ attitudes that will be expected during the next rotation and those needing improvement across rotations)*** | **What I Need to Accomplish during the Next Rotation and/or Upcoming Months to Achieve My Career Goals *(Reflect on the rotation type you will have next month)*** | **Areas for Improvement that Were Accomplished  *(These may be learning needs identified either during the current rotation or from a prior rotation).*** | **Learning Needs Related to Career Goals that Have Been Accomplished** |
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| 1 | Internal Med | Gathering patient data Communication skills with team | Development of an accurate care plan  Ability to critique a study and apply the findings to a patient.  Time management | I need to talk with someone who has successfully completed a community pharmacy residency so that I know how to make myself a competitive applicant.  One thing that will improve my care plans is becoming more skilled in dosing drugs for liver/renal failure. This can be a focus of my next rotation. |  |  |
| 2 | Internal Med | See month 1 | See month 1 | See month 1 | During the second month, my skill in developing a care plan improved. But, further development is needed in this area. |  |
| 3 | Hospital Practice | Understanding of how a medication use system works. | Presentation skills (communicate in an organized manner)  Ability to accomplish multiple responsibilities during a short time period. | Since my next rotation is in a chain pharmacy, I also need to learn about independent pharmacy practice. I will ask my preceptor to introduce me to an independent pharmacy and perhaps spend a day at that site. | Many care plans involve designing a dosage regimen. During this rotation, I gained extra practice in evaluating the dosing regimens of patients with renal dysfunction. |  |
| 4 | Community Practice | Ability to assist in pharmacist responsibilities within the medication use system. | Providing patients with self-care recommendations. | I need to continue developing my expertise in self-care. I will discuss this with the preceptor for my ambulatory rotation. | Since my knowledge about herbals is weak, I prepared a handout that evaluated the herbals frequently requested at the pharmacy.  Time management – this month I was more productive and met personal deadlines. | I got introduced to an independent pharmacist and spent a day at his site. |
| 5 | Ambulatory Care | Collaboration as a team member  Communication with patients  Initiative in solving problems | Developing care plans that are evidence-based. | I need to begin preparing for my community residency interview. | Gave a presentation to the residents about use of OTCs to manage diarrhea. This improved my presentation skills and self-care expertise. | I continued to develop my expertise in self-care via presentations. |
| 6 | Ambulatory Care | See month 5 | See month 5 | See month 5 | See month 5 |  |
| 7 | Elective: Nursing Home | Interaction with nurses on the unit  Ability to efficiently review a patient’s chart  Ability to identify medication-related problems. | Appropriate use of antipsychotics in the elderly. | During my MTM rotation next month, I need to let me preceptor know that I want to learn not only the skills but also how to develop a business plan for starting an MTM service. | At the beginning of the rotation, I recognized a need to better under understand antipsychotic use in the elderly. So, I developed a booklet on this topic for use by future students.  To build my presentation skills - I gave a presentation on antispychotics to the nursing staff. | I practiced my interviewing skills with a community practitioner who completed one several years ago. |
| 8 | Elective: Community Pharmacy – MTM Focus | Communication with patients  Management of patients with diabetes | Management of patients with chronic heart disease | Develop the core compounding skills expected of a general community practitioner. Also, identify more advanced skills that I need to develop if I decide to practice in this area. | To build my evidence-based care plan skills, I reviewed the literature on how to manage a patient with congestive heart failure. I gave a brief presentation to the staff pharmacists. | I developed a business plan for a new MTM activity that my preceptor is interested in developing. |
| 9 | Elective: Compounding | Ability to assist within the general operations of the pharmacy.  General compounding skills. | Skills in compounding products that are not taught in the Pharm.D. curriculum. | I need to learn about some aspect of caring for pediatric patients in the community pharmacy setting. | I identified compounding workshops that are offered. I need to complete a workshop post-graduation in order to expand my compounding skills. | My preceptor noted that my general compounding skills are those expected of a practitioner entering practice. |
| 10 | Specialty: Peds | Communication with patients/parents  Knowledge about common pediatric disorders | Drug dosing in pediatric patients | I need to gain insight about how a pharmacist in community practice can manage a patient in between the patient’s visits to the anticoagulation clinic. | I asked my preceptor to critique some additional care plans so that I can improve my skill in developing evidence-based care plans. | Since questions often arise in the community setting about treatment of coughs in infants, I gave a presentation on this topic. |
| 11 | Elective: Anticoag Clinic | Communication with patients/parents | Ability to make a decision about how to manage a patient within the brief clinic visit. | Explore providing MTM to anticoagulant patients in the community setting. | Gave a presentation to clinic pharmacists about how a community pharmacist should monitor a patient on Coumadin. | Management of Coumadin patients in a community pharmacy setting |
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